

SUPPORT & GUIDANCE FOR PARENTS

Please search the internet for support, advice and guidance from the following Organisations:

Cost of living support:

ChildCare Choices
Citizen's Advice
Universal Credit
Help for Households: discounts/offers
Warm Home Discount Scheme
Social Broadband Tariffs
Council Tax Discounts
Wessex Water – help with bills
Household Support Fund

Other useful sites:

SureStart Maternity Grant
MIND, EVERY Mind Matters
Samaritans
Healthy Start Scheme
PAN Dorset/ChAD
NHS 111 Online
ERIC
Lullaby Trust
Family Lives (Previously known as Parentline)
Healthier Together Scheme
Better Health – Healthier Families
Maternity Matters Dorset
Ella's Kitchen
Emma's Diary